



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
1	Mini Waffles w/Syrup Fresh Pineapple Fruit Juice Milk	2	Star Spangled Pancakes Sausage Patty Tropical Fruit Fruit Juice Milk	3	Whole Wheat Bagel with Toppings Fresh Strawberries Fruit Juice Milk	4	Breakfast Pizza Sliced Pears Fruit Juice Milk	5	Whole Grain Cinnamon Roll String Cheese Mandarin Oranges Fruit Juice Milk	6		7	
8	NO School	9	Whole Grain Cereal Yogurt Cup Bananas Fruit Juice Milk	10	Biscuit & Gravy Pineapple Chunks Fruit Juice Milk	11	Scumptious Coffeecake Fresh Citrus Fruit Cup Fruit Juice Milk	12	French Toast Sticks w/ Syrup Fruit Cocktail Fruit Juice Milk	13			
15	Whole Grain Cinnamon Roll Grapes Fruit Juice Milk	16	Mini Waffles w/Syrup Apricot Halves Fruit Juice Milk	17	Breakfast Pizza Peach Slices Fruit Juice Milk	18	Excellent Egg Taco w/ Tomato Salsa Graham Snacks Fresh Kiwi Fruit Juice Milk	19	Whole Grain Muffin Rosy Applesauce Fruit Juice Milk	20			21
22	Whole Grain Cereal Sausage Patty Sliced Pears Fruit Juice Milk	23	Biscuit & Gravy Mandarin Oranges Fruit Juice Milk	24	Granola Bar Fresh Pineapple Fruit Juice Milk	25	Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit Cup Fruit Juice Milk	26	Pancake on a Stick Fresh Strawberries Fruit Juice Milk	27		28	
29	French Toast Sticks w/Syrup Fresh Grapes Fruit Juice Milk	30	Oatmeal Breakfast Round Yogurt Cup Bananas Fruit Juice Milk	31	Whole Wheat Bagel w/ Toppings Applesauce Fruit juice Milk								
"USDA is an equal opportunity provider and employer."				NOTES: CONVERSATIONS ABOUT SCHOOL "Let's see what you brought home." Look at completed work to find out what your youngster is learning and how well they are doing. You could comment on her math work or social studies project, for instance. ("You know a lot about our state's history!") Also, respond to notes from her teacher, and sign her weekly folder or daily planner if required.									